



Equality and Diversity UK
www.equalityanddiversity.co.uk

Anti Racism Training Course

This course aims to:

- support delegates to understand the role of White privilege in racism.
- help delegates learn more about racism both the covert/overt, including Subtle Acts of Exclusion (S.A.E.)
- support delegates to understand White privilege, White fragility and White saviourism
- give delegates the language, education and knowledge to feel empowered and confident to tackle uncomfortable conversations
- increase self awareness, self-care and advocacy and how to use your privilege to effect change.
- enable delegates to feel equipped to advocate/safely stand up against racism.

■ ■ Proposed Outcomes

By the end of the training delegates will:

- have developed knowledge skills and confidence to speak up about racism.
- be able to commit to be actively anti-racist and lead by example.
- be challenged and be ready to challenge others.
- prioritise engagement in this work, and be consistent in calling racism out
- reduce your fear to advocate, challenge and be ready to turn fear into action

■ ■ Content

- What is Racism?
- Demystifying white privilege.
- Subtle Act of Exclusion (SAE)
- Defining White privilege, White fragility and White saviourism
- Language, attitudes and behaviours
- Having difficult conversations
- Using your power/privilege to effect change.
- Standing up against racism.
- Active Allyship

During this in-depth training you will have access to video, audio learning, course notes and access to a course discussion group, you will learn how to be a better ally.

You will be able to understand, identify, confidently talk about and intervene to address racism and its link to white privilege and its consequences in your workplace, social circles, and relationships.

You will feel better equipped to confront injustices and to have difficult conversations which is often the hard to do.

You will feel empowered to be part of the change you want to see in the world.

Cost

Please see our Costs and Agreement (www.eduk.uk/docs/eduk-costs-and-agreement.pdf)