



Equality and Diversity UK

PEOPLE
PERSPECTIVES
POSSIBILITIES



Real
people.
Real stories.
Real change.

CONFERENCE AGENDA

EMPOWERING NEURODIVERGENT & MULTICULTURAL COMMUNITIES

ADVOCATE. EDUCATE. ELEVATE.



WEDNESDAY
21 OCTOBER 2026



LUTHER KING HOUSE
FALLOWFIELD
MANCHESTER



10:00 AM – 3:00 PM
(Doors open 9:30 AM)

TIME		SESSION	DETAILS
9:30 – 10:00		Arrival, Registration & Networking	Tea, coffee and a chance to connect. Visit resource stalls.
10:00 – 10:15		Welcome	Introduction to the day, aims and what to expect. Creating our inclusive space.
10:15 – 10:45		Workshop 1: Neurodivergence, Ethnicity & Culture – Why It Matters	Understanding neurodivergence, cultural and systemic barriers, intersectionality, identity and the impact on ethnically diverse people.
10:45 – 11:15		Courageous Conversations: The Bigger Picture	Open discussion on education, healthcare, policing, workplaces and wider services. What needs to change?
11:15 – 11:30		Break	Refresh, recharge, connect.
11:30 – 12:15		Workshop 2: Lived Experience (Human Library)	Real stories. Real impact. Perspectives on education, policing, NHS, work, diagnosis, reasonable adjustments and more.
12:15 – 12:30		Your Voice – Listen, Reflect & Share	Table time to share thoughts and learning from lived experiences.
12:30 – 1:15		Lunch & Community Connection	Food provided. Visit resource stalls and network.
1:15 – 1:30		Welcome Back – What Have We Learnt?	Key insights from the morning. What stood out? What surprised you?
1:30 – 1:45		Stop, Start, Continue, Change	Personal and table reflection. What will you stop, start, continue or change?
1:45 – 2:15		Interactive Activity: Solutions in Practice	Work on real-life scenarios from education, policing, NHS and wider services. Identify barriers and practical solutions.
2:15 – 2:30		Break	Refresh, recharge, connect.
2:30 – 2:50		Sharing Solutions & Good Practice	Tables share ideas, adjustments and practical strategies.
2:50 – 3:00		Final Reflections & Close	Key takeaways, next steps and thank you. Be informed. Be heard. Be the change.



BENEFITS OF ATTENDING

- ✓ Hear real lived experiences
- ✓ Learn from others across different sectors
- ✓ Take part in courageous conversations
- ✓ Gain practical tools and strategies
- ✓ Build your network and community
- ✓ Be inspired to make a difference



EXPECTED OUTCOMES

- ✓ Increased understanding
- ✓ Stronger voices & connections
- ✓ Practical takeaways for change
- ✓ A fairer, more inclusive future for all

A FAIRER, MORE INCLUSIVE TOMORROW IS POSSIBLE.

Different
experiences.
Stronger
together.