

Neurodiversity in the workplace

Around **1 in 7** of the UK population are neurodivergent.

This means they have natural differences in how their brains behave and process information.

Common types of neurodivergence are:



autism



ADHD



dyslexia



dyspraxia



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Enquiry](#)

This training focuses on practical steps organisations can take to support individuals and create a neuroinclusive environment.

WHY CREATE A NEUROINCLUSIVE ENVIRONMENT?

Knowing how to create a neuroinclusive environment can:

- 8 improve productivity through support and psychological safety for employees
- 8 help people to perform to their full potential
- 8 improve diversity by attracting employees with a wider range of skills and experience
- 8 reduce absence and employee turnover
- 8 reduce the risk of conflict and legal disputes

WHO IS THIS BEST SUITED TO?

Anyone who wants to learn about supporting neurodivergent people at work.

This training is especially suitable for:

- HR professionals
- managers, team leaders, and supervisors
- health and wellbeing leads
- EDI specialists

WHAT WILL I LEARN?

- Neurodiversity and the law
- Types of neurodivergence
- Common myths and challenging assumptions
- Creating a neuroinclusive environment
- Supporting neurodivergent employees and the different ways they work and learn
- Reasonable adjustments and wider support

BY THE END OF THIS TRAINING, ATTENDEES WILL BE ABLE TO:

- explain what neurodiversity is and the relevant law
- lead better conversations about neurodiversity using appropriate language
- influence building a neuroinclusive organisation
- identify how to support neurodivergent employees and help overcome obstacles
- consider reasonable adjustments to remove barriers

KEYCOURSE INFORMATION



Trainer led -
online via Zoom



Duration - full day



The training session
will include:

- case studies
- polls/quizzes
- group discussion

ATTENDEES WILL ALSO RECEIVE:



a digital
certificate



a handout
containing
useful links



a copy of the
PowerPoint
slides



We aim to make our training accessible for everyone. If you have specific accessibility needs, please let us know on your sign-up form.



Run this training for your organisation

Organisations often book a number of people on our training courses at the same time. We encourage this as it can help share the learning amongst your teams.



Let's build more
neuroinclusive
workplaces together.